

**THE FIXES HOLIDAY COUNTDOWN(TM)**

# DECEMBER RESET

**20 quick behavior reps for the wildest month of the year**

**Not more December chaos.**

**More practice.**

Project one day. Run one rep. Carry one phrase into the real moment.

# 20-DAY DECEMBER TRACKER

Check off each Fix as you run it. Skip days as needed. December is messy; the system should not be.

## DAYS 1-5

Elf Ears On | Sleigh Line Level-Up | Greet Like Guests | One-Tab Workshop | Snowball Try-Again

## DAYS 6-10

Cozy Cabin Mode | Respect Reset | Workshop Cleanup Crew | Two-Step Test | Kindness Inside the Classroom

## DAYS 11-15

Perfect Entry Challenge | Silent Start | Try Again Challenge | Mini Project Finish | Calm Caroling

## DAYS 16-20

Compliment Drop | Follow-Through Gift-Wrap | Door Holder Dash | Tech Check Sprint | The Workshop Finale

# STUDENT FIX CARDS 01-02

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 01 - ELF EARS ON

Phrase: Eyes up. Ears open. Body calm. Use it today: Quiet Elf Echo: students repeat one short direction and do it right away.

## DAY 02 - SLEIGH LINE LEVEL-UP

Phrase: Smooth. Quiet. Steady. Use it today: Silent Sleigh Walk: walk, stop, reset, and repeat cleaner.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 03-04

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 03 - GREET LIKE GUESTS

Phrase: Kind eyes. Calm voice. Friendly hello. Use it today: Greet three people in class using the phrase.

## DAY 04 - ONE-TAB WORKSHOP

Phrase: One tab. One task. Full focus. Use it today: Three-minute focus sprint with one tab open.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 05-06

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 05 - SNOWBALL TRY-AGAIN

Phrase: Miss it. Fix it. Try again. Use it today: Redo one classroom move: lining up, handing in work, or starting quietly.

## DAY 06 - COZY CABIN MODE

Phrase: Slow breath. Soft hands. Calm body. Use it today: Three-minute calm task in Cozy Cabin Mode.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 07-08

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 07 - RESPECT RESET

Phrase: Kind words. Kind face. Try again. Use it today: Practice respectful responses to three small scenarios.

## DAY 08 - WORKSHOP CLEANUP CREW

Phrase: Fast hands. Quiet voices. Finished space. Use it today: Clean-up race: beat the timer without losing the calm.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 09-10

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 09 - TWO-STEP TEST

Phrase: Hear both. Do both. In order. Use it today: Call out two-step combos. Students act them out silently.

## DAY 10 - KINDNESS INSIDE THE CLASSROOM

Phrase: Small kindness. Stronger room. Use it today: Kindness Bingo: complete three kind actions before lunch.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 11-12

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 11 - PERFECT ENTRY CHALLENGE

Phrase: Enter calm. Start ready. Use it today: Walk in, reset, and walk in again cleaner.

## DAY 12 - SILENT START

Phrase: Start silent like snowfall. Use it today: Three-minute Silent Start challenge.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 13-14

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 13 - TRY AGAIN CHALLENGE

Phrase: Every Fix gets a retry. Use it today: Try Again Race: silently redo a routine or task.

## DAY 14 - MINI PROJECT FINISH

Phrase: Finish small. Finish strong. Use it today: Mini Finish Festival: ten minutes to wrap one thing up.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 15-16

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 15 - CALM CAROLING

Phrase: Heart in it. Volume under control. Use it today: Calm Carol Challenge: hum or sing softly together.

## DAY 16 - COMPLIMENT DROP

Phrase: Notice good. Say it clean. Use it today: Compliment Relay: give three specific compliments.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 17-18

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 17 - FOLLOW-THROUGH GIFT-WRAP

Phrase: Start strong. Finish stronger. Use it today: Follow-Through Race: complete one task from start to finish.

## DAY 18 - DOOR HOLDER DASH

Phrase: Hold. Wait. Walk through calm. Use it today: Door Holder Drill: three smooth passes in a row.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# STUDENT FIX CARDS 19-20

Cut or project these quick cards. Students only need the phrase and one transfer target.

## DAY 19 - TECH CHECK SPRINT

Phrase: Charge. Check. Fix first. Use it today: Tech Sprint: sixty seconds to fix one issue.

## DAY 20 - THE WORKSHOP FINALE

Phrase: End calm. End proud. End strong. Use it today: Final Mission: act out your strongest Fix of the month.

## REFLECTION

One Fix we used today: \_\_\_\_\_ One place we used it: \_\_\_\_\_ One thing we can do cleaner tomorrow: \_\_\_\_\_

# FAMILY LETTER

Send this home when you begin the December Countdown.

## **COPY THIS NOTE**

Our class is using The Fixes Holiday Countdown, a simple 20-day December routine that helps students practice calm, kind, focused behavior before winter break. Each day we run one short Fix: a phrase, a quick model, a student practice, and a real-life carryover. The goal is not more rules. The goal is more practice. Ask your child which Fix they used today.

## **HOME CONNECTION**

Students may bring home tiny challenges such as practicing a calm greeting, finishing a chore fully, giving a specific compliment, or showing a quiet start. These are meant to be simple and quick.

# DECEMBER FIX-IT AWARDS

Use these as simple, no-prep recognition lines. Print, cut, or read aloud.

## **CALM BODY AWARD**

For showing calm body, quiet hands, and ready energy when December got exciting.

## **FOLLOW-THROUGH AWARD**

For starting strong, finishing the last step, and not stopping at almost done.

## **KINDNESS AWARD**

For using kind words, kind face, and a clean reset when the room needed it.