



THE FIXES™ HOLIDAY COUNTDOWN™



20-DAY DECEMBER CLASSROOM RESET



Project it. Run it. Keep the room
together through December.



THE FIXES™ COUNTDOWN MAP

Choose today's December reset.

1 ✓	2 ✓	3 ✓	4 ✓	5 ✓	6 ✓	7 ★
8 ❄️	9 ❄️	10 ❄️	11 ❄️	12 ❄️	13 ❄️	14 ❄️
15 ❄️	16 ❄️	17 ❄️	18 ❄️	19 ❄️	20 ❄️	

Short. Clear. Repeatable. Teacher-safe.

QUICK START

Project one day. Run one rep. Carry one phrase into the real moment. That is the whole idea.

THE DAILY RHYTHM

1. Name the Fix. 2. Read the phrase. 3. Model not-yet and clean. 4. Run the student practice. 5. Point to where it shows up today.

WHY THE DECEMBER VERSION WORKS

It leans into real December pressure points: excitement, noise, transitions, tech drift, unfinished work, hallway energy, and end-of-year social behavior.

WHEN A REP MISSES

Do not lecture. Say: That did not match the Fix. Reset. Try again. Then rerun the exact rep cleanly.

DAY 01 | LISTENING

ELF EARS ON

FIX PHRASE

Eyes up. Ears open. Body calm.

WHY THIS MATTERS

December directions get repeated fast. This Fix helps students hear it once and start cleaner.

TEACHER SCRIPT

"Show me your Elf Ears - up, focused, ready."

HOW TO RUN IT

Model calm listening posture. Show a silly not-yet version. Students mirror the clean version for five seconds.

STUDENT PRACTICE

Quiet Elf Echo: students repeat one short direction and do it right away.

TROUBLESHOOTING

Reset posture with one slow breath and rerun the cue.

HOME CONNECTION

Show Elf Ears to someone at home.

DAY 02 | LINE ROUTINE

SLEIGH LINE LEVEL-UP

FIX PHRASE

Smooth. Quiet. Steady.

WHY THIS MATTERS

December lines can turn into parade energy. This makes the hallway routine visible and repeatable.

TEACHER SCRIPT

"We move like Santa's sleigh - smooth, quiet, steady."

HOW TO RUN IT

Model the hallway walk in a ten-step stretch. Fix only the section that broke.

STUDENT PRACTICE

Silent Sleigh Walk: walk, stop, reset, and repeat cleaner.

TROUBLESHOOTING

Rushing means redo only that section - no lecture.

HOME CONNECTION

Practice calm walking from one room to another.

DAY 03 | POLITE GREETING

GREET LIKE GUESTS

FIX PHRASE

Kind eyes. Calm voice. Friendly hello.

WHY THIS MATTERS

December guests, assemblies, and visitors create real chances to practice polite confidence.

TEACHER SCRIPT

"Greet like holiday hosts - kind eyes, calm voices, friendly hello."

HOW TO RUN IT

Model three greetings: too silly, too quiet, and just right.

STUDENT PRACTICE

Greet three people in class using the phrase.

TROUBLESHOOTING

Use sentence frames for students who freeze.

HOME CONNECTION

Greet someone politely at home.

DAY 04 | TECH FOCUS

ONE-TAB WORKSHOP

FIX PHRASE

One tab. One task. Full focus.

WHY THIS MATTERS

December tech work gets messy when students bounce between tabs. This gives them one clean move.

TEACHER SCRIPT

"One tab open means holiday focus mode."

HOW TO RUN IT

Show a chaotic screen and a focused screen. Students close everything except the task.

STUDENT PRACTICE

Three-minute focus sprint with one tab open.

TROUBLESHOOTING

Distracted? Close everything and reopen the one needed tab.

HOME CONNECTION

Try one-tab homework or reading time.

DAY 05 | REDO / GRIT

SNOWBALL TRY-AGAIN

FIX PHRASE

Miss it. Fix it. Try again.

WHY THIS MATTERS

A redo is not failure. It is how December routines stay calm when mistakes happen.

TEACHER SCRIPT

"If your snowball breaks, you make a new one."

HOW TO RUN IT

Model a tiny mistake, pause, and calmly redo it.

STUDENT PRACTICE

Redo one classroom move: lining up, handing in work, or starting quietly.

TROUBLESHOOTING

Break the task smaller and rerun one part.

HOME CONNECTION

Share one try-again moment at home.

DAY 06 | CALM BODY

COZY CABIN MODE

FIX PHRASE

Slow breath. Soft hands. Calm body.

WHY THIS MATTERS

Holiday excitement is real. Cozy Cabin Mode teaches students how to downshift without shame.

TEACHER SCRIPT

"We switch into Cozy Cabin Mode - calm, quiet, focused."

HOW TO RUN IT

Model a breath, softer movement, and a quieter voice.

STUDENT PRACTICE

Three-minute calm task in Cozy Cabin Mode.

TROUBLESHOOTING

Reset with slow hands and a quiet countdown.

HOME CONNECTION

Use Cozy Mode during bedtime reading or quiet time.

DAY 07 | RESPECT

RESPECT RESET

FIX PHRASE

Kind words. Kind face. Try again.

WHY THIS MATTERS

December tension shows up as sarcasm, eye rolls, and side comments. This gives a reset phrase.

TEACHER SCRIPT

"Respect resets the whole room."

HOW TO RUN IT

Model an eye-roll, then reset it with a kind nod and clean words.

STUDENT PRACTICE

Practice respectful responses to three small scenarios.

TROUBLESHOOTING

If sarcasm shows up, pause and rerun the exact sentence.

HOME CONNECTION

Catch someone being kind and say thanks.

DAY 08 | CLEAN-UP ROUTINE

WORKSHOP CLEANUP CREW

FIX PHRASE

Fast hands. Quiet voices. Finished space.

WHY THIS MATTERS

Holiday projects make messes. A clean-up system keeps the room from ending in chaos.

TEACHER SCRIPT

"We clean up like a pro crew - fast and focused."

HOW TO RUN IT

Assign jobs. Show what finished looks like. Start the timer.

STUDENT PRACTICE

Clean-up race: beat the timer without losing the calm.

TROUBLESHOOTING

Missed corners? Redo that section only.

HOME CONNECTION

Clean up one home space without being asked.

DAY 09 | DIRECTIONS

TWO-STEP TEST

FIX PHRASE

Hear both. Do both. In order.

WHY THIS MATTERS

Students often hear the first step and drop the second. This trains follow-through.

TEACHER SCRIPT

"We listen for both steps and do them in order."

HOW TO RUN IT

Model a two-step direction. Students repeat both steps before moving.

STUDENT PRACTICE

Call out two-step combos. Students act them out silently.

TROUBLESHOOTING

Confusion means repeat it back, then do it.

HOME CONNECTION

Complete one two-step chore at home.

DAY 10 | KINDNESS

KINDNESS INSIDE THE CLASSROOM

FIX PHRASE

Small kindness. Stronger room.

WHY THIS MATTERS

Winter energy can increase conflict. This day turns kindness into a practice, not a poster.

TEACHER SCRIPT

"Kindness is how we stay strong together."

HOW TO RUN IT

Name three small kind acts students can actually do today.

STUDENT PRACTICE

Kindness Bingo: complete three kind actions before lunch.

TROUBLESHOOTING

Redirect teasing with: reset the sentence.

HOME CONNECTION

Do one kind action for a sibling, pet, or parent.

DAY 11 | ENTRY ROUTINE

PERFECT ENTRY CHALLENGE

FIX PHRASE

Enter calm. Start ready.

WHY THIS MATTERS

The first two minutes can decide the next thirty. This makes entry a practiced routine.

TEACHER SCRIPT

"Let's show the world what perfect entry looks like."

HOW TO RUN IT

Model entry: calm steps, quiet voice, materials ready.

STUDENT PRACTICE

Walk in, reset, and walk in again cleaner.

TROUBLESHOOTING

Rushing or yelling means redo the entry loop.

HOME CONNECTION

Practice a calm morning entrance at home.

DAY 12 | QUIET START

SILENT START

FIX PHRASE

Start silent like snowfall.

WHY THIS MATTERS

December mornings get noisy. A silent start protects the first minutes of learning.

TEACHER SCRIPT

"Start silent like snowfall."

HOW TO RUN IT

Choose a quiet entry routine: read, draw, organize, or prepare materials.

STUDENT PRACTICE

Three-minute Silent Start challenge.

TROUBLESHOOTING

Reset the moment it gets loud. Restart the timer.

HOME CONNECTION

Start the morning quiet for three minutes.

DAY 13 | REDO / RESILIENCE

TRY AGAIN CHALLENGE

FIX PHRASE

Every Fix gets a retry.

WHY THIS MATTERS

Mistakes happen more when everyone is tired. This normalizes the clean redo.

TEACHER SCRIPT

"Every Fix deserves a retry."

HOW TO RUN IT

Model a mistake, pause, and try again calmly.

STUDENT PRACTICE

Try Again Race: silently redo a routine or task.

TROUBLESHOOTING

If redo is rushed, model a slower version.

HOME CONNECTION

Share one thing you tried again at home.

DAY 14 | TASK COMPLETION

MINI PROJECT FINISH

FIX PHRASE

Finish small. Finish strong.

WHY THIS MATTERS

December creates a trail of unfinished tasks. This builds completion before break.

TEACHER SCRIPT

"Finish strong before the break."

HOW TO RUN IT

Pick one tiny unfinished job and show what done looks like.

STUDENT PRACTICE

Mini Finish Festival: ten minutes to wrap one thing up.

TROUBLESHOOTING

Support stuck students with the next tiny step.

HOME CONNECTION

Finish one thing at home that has been left undone.

DAY 15 | VOICE VOLUME

CALM CAROLING

FIX PHRASE

Heart in it. Volume under control.

WHY THIS MATTERS

Songs, assemblies, and celebrations can go loud fast. This keeps joy without chaos.

TEACHER SCRIPT

"We sing with heart - not chaos."

HOW TO RUN IT

Model calm singing, then wild yelling. Compare the difference.

STUDENT PRACTICE

Calm Carol Challenge: hum or sing softly together.

TROUBLESHOOTING

If volume spikes, pause and restart with a quieter target.

HOME CONNECTION

Sing or hum quietly to someone at home.

DAY 16 | KIND WORDS

COMPLIMENT DROP

FIX PHRASE

Notice good. Say it clean.

WHY THIS MATTERS

Compliments shift the room from tension to connection when December gets tight.

TEACHER SCRIPT

"Drop a compliment like a gift."

HOW TO RUN IT

Model a specific compliment, not a generic one.

STUDENT PRACTICE

Compliment Relay: give three specific compliments.

TROUBLESHOOTING

Use a frame: I noticed you ___ and it helped because ___.

HOME CONNECTION

Drop one specific compliment at home.

DAY 17 | FOLLOW-THROUGH

FOLLOW-THROUGH GIFT-WRAP

FIX PHRASE

Start strong. Finish stronger.

WHY THIS MATTERS

Students often stop at almost done. This Fix makes the last step matter.

TEACHER SCRIPT

"Start strong, finish stronger."

HOW TO RUN IT

Model an unfinished job, then finish the final detail.

STUDENT PRACTICE

Follow-Through Race: complete one task from start to finish.

TROUBLESHOOTING

Use a checklist before anyone says done.

HOME CONNECTION

Wrap up one chore fully.

DAY 18 | COMMUNITY MANNERS

DOOR HOLDER DASH

FIX PHRASE**Hold. Wait. Walk through calm.****WHY THIS MATTERS**

Door etiquette fades when excitement rises. This gives students a quick community practice.

TEACHER SCRIPT

"We open doors like holiday hosts."

HOW TO RUN IT

Model holding the door, waiting, and passing through calmly.

STUDENT PRACTICE

Door Holder Drill: three smooth passes in a row.

TROUBLESHOOTING

If it gets noisy, reset with silent entry.

HOME CONNECTION

Hold a door open today - quietly.

DAY 19 | TECH READINESS

TECH CHECK SPRINT

FIX PHRASE

Charge. Check. Fix first.

WHY THIS MATTERS

Tech fails spike before break. This helps students solve one small problem before it derails them.

TEACHER SCRIPT

"Fix it before it breaks."

HOW TO RUN IT

Run a tech check: charge, restart, log in, close extra tabs.

STUDENT PRACTICE

Tech Sprint: sixty seconds to fix one issue.

TROUBLESHOOTING

Glitch? Use a buddy coach before calling out.

HOME CONNECTION

Check a tablet or laptop at home.

DAY 20 | CELEBRATE AND TRANSFER

THE WORKSHOP FINALE

FIX PHRASE

End calm. End proud. End strong.

WHY THIS MATTERS

The final day should celebrate growth without losing the room.

TEACHER SCRIPT

"We end strong, like pros."

HOW TO RUN IT

Review three Fixes. Students demonstrate one clean behavior move.

STUDENT PRACTICE

Final Mission: act out your strongest Fix of the month.

TROUBLESHOOTING

Too loud? Freeze Frame reset and try again.

HOME CONNECTION

Tell someone your favorite December Fix.